

## Master Blaster Clinics - Day-by-Day Description

Key Themes and Focuses
<ul style="list-style-type: none"> <li>● <b>Having Fun</b></li> <li>● <b>Learning the Fundamentals</b> of batting, bowling and fielding</li> <li>● <b>Basic Skill Development</b></li> <li>● <b>General Game Awareness</b></li> </ul>
Overview (Each Day)
<ul style="list-style-type: none"> <li>● <b>Morning sessions</b> will focus on skill and technique development</li> <li>● <b>Afternoon sessions</b> will focus on game awareness and skill application</li> <li>● Regular <b>drink and food breaks</b> occur throughout both morning and afternoon sessions</li> </ul>
Morning (9.00 - 11.45)
<ul style="list-style-type: none"> <li>● <b>Fielding</b> drills that incorporate the fundamentals of throwing &amp; catching technique</li> <li>● <b>Batting</b> drills that focus on head position, footwork (back and front foot), contact point and balance</li> <li>● <b>Bowling</b> drills that focus on grip, run up, release point and follow through</li> </ul>
Afternoon (12.15 - 3.00)
<ul style="list-style-type: none"> <li>● T20 Round-Robin Competition</li> <li>● Introduction to a variety of <b>match scenarios</b> (specific to T20 cricket)</li> </ul>